

## Help Make A Difference!



## Food Pantry Most Needed Items

Canned tuna	Canned chicken
Spaghetti sauce	Canned pasta dinners
Peanut butter	<b>Jelly</b> (grape or strawberry)
Rice (2 lb bags)	Dried beans (red or black)
Ramen packs	Canned beans (red or black)
Canned vegetables	Fruit cups or canned fruit
Pancake mix	Pancake syrup
Cereal	Oatmeal packets
Vegetable oil	Juice or juice boxes
Coffee	Dry or shelf-stable milk
Mac & cheese	Reusable grocery bags

## Please donate what you can!

Regular sizes are better than big family/economy size products! Many homes have limited storage, and it's also easier to carry for people who are walking or taking public transit.

Please deliver Monday through Friday between 9:30am and noon. Contact us for large food donations!

Open Doors' Smilow Life Center, 55 Chestnut Street, Norwalk, CT 06854 203-866-1057 ~ www.opendoorsct.org ~ info@opendoorsct.org